Senior Planning Guide
CLASS OF 2020

Class of 2020 Senior Parent Night
September 10, 2019

Agenda
Introduction- *Dr. Inscoe(Dean of Students)*
PTSA- *Larissa Moore*
Business Alliance- *Larissa Moore*
Student Services PowerPoint- *Counselors*
Mrs. Pike (A-G)
Mr. Gibbons (H-N)
Ms. Sadat (O-Z)

Guest Speaker:
Mike Russell- The College Funding Coach

Topics:
Staying In the Know
Senior Conferences
Graduation Requirements
Senior Honors & Awards
SAT/ACT
College Planning & College Admissions
Obtaining Letters of Recommendation
Procedure to Send Transcripts
NCAA Eligibility
Community College
Military Options
Employment/Career Research
Student Resumes
Scholarships & Financial Aid
*Upcoming Events: Senior Conferences, College Visits, College Fair,
Scholarship Tips, Resume Writing, Essay Editing*

TABLE OF CONTENTS

Wake Forest High School
Student Services Directory

Name & Position	Caseload	Telephone Number	E-mail Address
Dr. Laura Inscoe Dean of Students	ACDC & OCS Students	919.554.8611 ext. 23693	linscoe@wcpss.net
Mrs. Lisette Pike School Counselor	Grades 10-12 Last Names A-G	919.554.8611 ext. 23691	lpike@wcpss.net
Mr. Bryce Gibbons School Counselor	Grades 10-12 Last Names H-N	919.554.8611 ext. 23699	bgibbons@wcpss.net
Ms. Zohra Sadat School Counselor	Grades 10-12 Last Names O-Z	919.554.8611 ext. 23690	zsadat@wcpss.net
Mrs. Erika Mukenge School Counselor	9th Grade Students	919.554.8611 ext. 23692	emukenge@wcpss.net
Ms.Jodi Deskus SAP Counselor	Student Assistance Program	919.562.8611 ext. 23694	jdeskus@wcpss.net
Mrs. Kaye Piscitelli School Registrar	n/a	919.554.8611 ext. 23666	kpiscitelli@wcpss.net
Mrs. Amy Burger Guidance Technician	n/a	919-554-8611 Ext. 23688	aburger@wcpss.net
Ms. Rachel Vokally Intervention Coordinator	n/a	919-554-8611 Ext. 23695	rvokally@wcpss.net
Ms. Brenda Fearnot Financial Aid Advisor	n/a	Call 919-554-8611, ext. 23688 to set up appointment	bfearnot@wcpss.net
Mrs. Jen Case School Psychologist	n/a	@ WFHS on Wednesday-Friday	jcase@wcpss.net
Mrs. Charlotte Hicks School Nurse	n/a	@ WFHS on Monday, Wednesday, and Friday	chicks@wcpss.net
Mrs.Susan Tyson Career Development Coordinator	n/a	919-554-8611 Ext. 23700	styson@wcpss.net

 @WFHSCounselors   @WFHS_Counselor   @WFHSCounselors

NORTH CAROLINA GRADUATION REQUIREMENTS
http://www.ncpublicschools.org/gradrequirements/

Students entering the ninth grade for the first time in 2012-13 and beyond are required to meet the **Future-Ready Core** requirements for graduation.
- 4 English
- 4 Math (Algebra I/Math I, Math II, Math III, and one advanced math beyond Math III—unless a student has principal permission to utilize the Math Substitution Option)
- 3 Science (Earth, Biology and a Physical Science {Chemistry, Physics or Physical Science)
- 4 Social Studies (World History, American History I, American History II and Civics & Economics **OR** World History, AP US History, Civics & Economics and a social studies elective)
- 2 Electives from Career-Technical Education, Art, or World Languages curriculum
- 8 Electives (four are recommended to be in Career Technical, Arts, or Core Subject Areas)
- 1 Healthful Living

_____

26 Credits Total

SENIOR HONORS & RECOGNITIONS

Latin System
Students with a 3.75 - 3.99 weighted grade point average shall receive the distinction of cum laude. Students with a 4.0 - 4.249 weighted grade point average shall receive the distinction of magna cum laude. Students with a 4.25 or higher weighted grade point average shall receive the distinction of summa cum laude.

North Carolina Scholars Program Requirements: Seniors who meet the North Carolina Scholars will be recognized on the senior awards program and on the graduation program.

Course	Credits
English	4 credits (English I, II, III and IV)
Math	4 credits (Algebra I/Math I, Math II, Math III, and one advanced math beyond Math III and an advanced math course)
Science	3 credits (Biology, Chemistry /Physics and Earth/Environmental Science)
Social Studies	4 credits (World History, American History I, American History II and Civics & Economics **OR** World History, AP US History, Civics & Economics and a social studies elective
Foreign Language	2 credits (same language)
Healthful Living	1 credit
Electives	3 credits (Higher level courses taken during junior and/or senior years which carry 4.5 or 5 quality points such as: -AP -IB -Dual or college equivalent course -Advanced CTE/CTE credentialing courses -On-line courses -Other honors or above designated courses)
Electives	4 credits (elective credits constituting a concentration recommended from one of the following: Career and Technical Education (CTE), JROTC, Arts Education, Second Languages, any other subject area)
TOTAL	24 credits, minimum 3.5 unweighted GPA

STANDARDIZED TESTING INFORMATION

The **SAT Reasoning Test** (Scholastic Aptitude Test) measures critical reading, mathematics and writing <u>ability</u> and predicts college performance. Colleges select the best critical reasoning, math and writing scores for admission criteria. The **SAT Subject test** measures performance in specific subjects. Some highly competitive colleges require SAT Subject tests for placement, and even admission into certain programs.

The **ACT** (American College Test) measures educational <u>achievement</u> in English, math, reading, science, and writing. Colleges select the best scores from each area for admissions criteria. The ACT also predicts performance of the freshman year in college.

The **Test of English as a Foreign Language** (TOEFL) is an admissions test administered by computer that focuses on listening, structure, reading, and writing. It is for students whose native language is not English. This includes English as a Second Language (ESL) students and non-English speaking students who have been living in the United States for less than five years.

Testing accommodations for disabilities may be available. Check for accommodation information on the testing center website.

Check with colleges to see which test they prefer. Students can register on-line. Scores can be automatically sent to four colleges that you indicate when registering for the test. If you decide to send scores to a college after the test date, you must request it be sent through the testing service as well as pay the sending fee. Wake Forest High School **test code** or **CEEB code** is **344115**.

To register for the SAT go to www.collegeboard.com

To register for the ACT go to www.act.org

To register for the TOEFL go to www.toefl.org

Fee Waivers

*SAT and ACT fee waivers are available for economically disadvantaged students. Students on free/reduced lunch or meet other criteria may qualify. See your counselor or the College Board website for details and guidelines.

*Fee waivers cannot be used for late test registration.

*Students using a fee waiver for the SAT or ACT may also qualify for College Application Fee Waivers and NCAA Eligibility Waivers. See your counselor for details and guidelines.

SAT 2019-20		ACT 2019-20	
Test Date	**Registration Deadline**	**Test Date**	**Registration Deadline**
October 5, 2019	September 6, 2019	October 26, 2019	September 20, 2019
November 2, 2019	October 3, 2019	December 14, 2019	November 8, 2019
December 7, 2019	November 8, 2019	February 8, 2020	January 10, 2020
March 14, 2020	February 14, 2020	April 4, 2020	February 28, 2020
May 2, 2020	April 3, 2020	June 13, 2020	May 8, 2020

June 6, 2020	May 8, 2020	July 18, 2020	June 19, 2020

THE APPLICATION PROCESS

What do admissions officers consider when reviewing an application?
- ❖ Difficulty of course work selected relevant to what was offered (did you take the most challenging course load you could have at your school, that works best for your ability?)
- ❖ Grades (GPA both weighted & unweighted)
- ❖ Class percentage ranked
- ❖ SAT and/or ACT scores
- ❖ Extracurricular activities
- ❖ Community / volunteer service
- ❖ Recommendations from counselor and/or teacher(s) or other(s) (not required by all schools)
- ❖ Interview (not required by all schools)
- ❖ Essay (not required by all schools)

Tips on Completing Your College Application
- ❖ Be cautious of how you represent yourself in social media and even in your email address. Your email address should be professional or formal (yourname@ . . .). Do not present yourself in a way that shows questionable character.
- ❖ Be sure to go to the college's website for instructions on where their application is held.
- ❖ When applying, print a copy of your submitted application or save a copy to your computer.
- ❖ Keep a list of college application deadlines for those in which you are applying.
- ❖ Complete your own applications – colleges know if your parents fill it out.
- ❖ Though a scanned or typed/online application makes a better impression, it is acceptable to handwrite your applications as long as they are neat – print legibly in blue or black ink (NEVER use pencil or colored ink). Make a "sloppy copy" on which you can practice.
- ❖ If your list of extracurricular activities exceeds the allotted space, list your top activities or those where you've had a leadership or other significant role. If your application allows, submit your extracurricular resume as an additional sheet.
- ❖ If you're an athlete, send a highlights video to the athletics department..
- ❖ Use the additional information section to discuss reasons for early release or early graduation, and circumstances in your life that might have had an impact on your academic history or admissions tests score performance.

The Common Application
Many colleges now offer students the option of using the Common Application. The Common Application allows the student to complete one application online which then submits the same information to all the schools the student designates. Some colleges may require supplemental information in addition to the Common Application.

Common Application website, go to www.commonapp.org.

HBCU Common Application website, go to commonblackcollegeapp.com.

CFNC is where you can find where to apply to NC colleges, go to www.cfnc.org.

COLLEGE ADMISSIONS

Options

EARLY ACTION is an admissions procedure to notify students of early admissions to the college. Students do <u>not</u> need to accept the college's offer of admissions but may file other applications (used by UNC, NCSU, Georgetown, Yale, etc.). *Points to remember* are that early action candidates can be rejected, financial awards are made in April and candidates must have superior records because the process is highly selective.

EARLY DECISION is a plan under which you may submit your credentials early to one college. You are usually notified of your status by December 1. As part of an early decision plan, <u>you are required to sign a statement agreeing to accept the college's offer of admission</u>. You must also withdraw your application from other colleges if accepted under Early Decision. (Used by Duke, Elon, Wake Forest, etc.) *Points to remember* are the same as listed above in Early Action.

REGULAR ADMISSION: candidates submit their application usually during November to February, depending on the individual and college. Check the deadline for each individual school.

ROLLING ADMISSION: candidates submit application at their convenience up to a certain date. They typically receive an offer of acceptance or rejection within 4-6 weeks. (Used by Community Colleges).

Decisions

ADMITTED is the college allowing the student to enter or grant entrance to the college.

OFFER OF CONDITIONAL ADMITTANCE is acceptance to a college provided you maintain your academic performance throughout the year. <u>A college can withdraw its offer if your grades fall significantly, if your course rigor changes after admission, or if you are involved in an activity that results in disciplinary action by the school or law enforcement.</u>

DENIAL is a final decision by the college to not offer admission. Students who are denied can apply again after completing at least a semester of college coursework elsewhere.

DEFERMENT is a delay of admissions decision until a later time. Many competitive schools will defer fall applications to the spring in order to receive additional grades and other information.

WAIT LISTING occurs after the regular admissions process is complete. There is no guarantee a college will go to the waitlist or where an applicant will rank on the waitlist. Students on a waitlist for one college should plan to attend another college and then reconsider if later offered admission.

***Even if a student is accepted to a college, they have the right to withdraw acceptance based off of the student's final transcript. ***

NC Colleges/Universities Comparison Statistics

School Name	Mid 50% GPA Weighted	Mid 50% SAT	Mid 50% ACT	Admissions Deadline Priority	Regular	Application Website	Test Optional	CSS Profile
North Carolina Colleges and Universities Admissions Information								
Public Institutions								
Appalachian State University	3.98-4.48	1120-1290	23-28	Nov 1	Feb 1	Common App		
East Carolina University	3.6-4.1	1000-1250	21-25		Mar 1	Common App or ECU website		
Elizabeth City State University	2.5-3.2	850-100	17-20		June 30	CFNC		
Fayetteville State University	2.6-3.2	880-1100	17-20		June 30	CFNC		
North Carolina A&T State University	3.3-3.7	900-1160	18-22		June 30	CFNC or A&T website		
North Carolina Central University	2.8-3.4	880-1140	17-20	Oct 15; Nov 15; Jan 15	Rolling	CFNC		
North Carolina State University	4.33-4.79	1240-1370	27-31	Oct 15 (Early Action)	Jan 15	Common App or Coalition App		
UNC Asheville	3.6-4.1	1030-1250	23-28	Nov 15 (Early Action)	Rolling	CFNC or Common App		
UNC Chapel Hill	4.4-4.8	1270-1450	28-33	Oct 15 (Early Action)	Jan 15	Common App		Yes
UNC Charlotte	3.8-4.5	1130-1280	22-27	Nov 1 (Early Action)	Feb 1	CFNC or UNCC website		
UNC Greensboro	3.5-4.0	1030-1180	21-25	Dec 1 (Priority)	Mar 1	CFNC or UNCG website		
UNC Pembroke	3.2-3.6	880-1000	18-22		June 30	CFNC or UNCP website		
UNC Wilmington	3.8-4.4	1200-1310	24-28	Nov 1 (Early Action)	Feb 1	CFNC, Common App, or UNCW website		
UNC School of the Arts	3.5-4.0	1050-1260	21-28		Varies by Department	CFNC		
Western Carolina University	3.5-4.1	900-1120	20-23	Nov 15 (Early Action)	Feb 1	CFNC or WCU website		
Winston-Salem State University	2.9-3.2	880-1000	16-19		May 31	CFNC		
Private Institutions								
Barton College	2.8-3.2	930-1120	17-23		Rolling	Barton website		
Belmont Abbey College	2.7-3.3	800-1100	18-24		Rolling	CFNC	Yes	
Bennett College for Women	2.5-3.0	800-1000	16-20		Rolling	CFNC or Bennett website	Yes	
Brevard College	2.8-3.2	840-1050	17-22		Rolling	CFNC or Brevard website	Yes	
Campbell University	3.2-3.8	1000-1200	19-25		Rolling	Campbell website		
Catawba College	3.11-4.04	910-1110	19-24	Nov 1 (Priority)	Feb 1; Rolling beyond	Catawba website	Yes	
Chowan University	2.5-2.9	710-900	14-17		Rolling	CFNC or Chowan website		
Davidson College	4.2-4.8	1290-1460	30-33	Nov 15 & Jan 2 (Early Decision 1 & 2)	Jan 7	Common App, Coalition, or Davidson website		Yes
Duke University	4.4-4.8	1440-1570	31-35	Nov 1 (Early Decision)	Jan 2	Common App or Coalition		Yes
Elon University	3.8-4.2	1100-1340	25-29	Nov 1 (ED); Nov 10 (Early Action)	Jan 10	Coalition or Elon website		Yes
Gardner-Webb University	3.47-3.95	900-1120	20-24		Rolling	CFNC or GW website		
Greensboro College	3.0-3.4	860-1090	17-23	Feb 1 (Priority & Honors Program)	Rolling	CFNC		
Guilford College	3.0-3.39	900-1200	19-26	Nov 1 (ED); Dec 1 (EA)	Rolling	CFNC, Common App, or Guilford website	Yes	
High Point University	3.5-4.0	1100-1340	24-28	Nov 1 (ED); Nov 15 (EA); Feb 1 (ED II)	Mar 1	Common App	Yes	
Johnson & Wales University	3.0-3.5	800-1000	17-20		Rolling	CFNC or JWU website		
Johnson C. Smith University	2.5-3.0	830-1000	15-19		Rolling	CFNC or JCSU website		
Lees-McRae College	3.0-3.4	920-1130	18-23	Nov 1 (ED); Dec 1 (EA)	Rolling	CFNC or Lees-McRae website	Yes	
Lenoir-Rhyne University	3.0-3.5	800-1100	16-21		Rolling	CFNC or LRU website		
Livingstone College	2.0-2.5	750-930	13-16		Rolling	CFNC or LC website		
Mars Hill University	3.0-3.4	890-1070	17-22		Rolling	CFNC or MHU website		
Meredith College	5.7-4.2	940-1150	21-26	Oct 30 (ED); Dec 3 (EA)	Feb 15	CFNC, Common App, or Meredith website		
Methodist University	3.4-3.7	950-1200	19-23		Rolling	CFNC		
Montreat College	3.0-3.25	930-1130	18-23		Rolling	Montreat website		
NC Wesleyan College	2.5-3.3	800-1100	16-23		Rolling	CFNC or NC Wesleyan website		
Pfeiffer University	3.0-3.5	890-1100	17-22		Rolling	CFNC or Pfeiffer website		
Queens University of Charlotte	3.4-3.7	1010-1170	21-26	Nov 1 (ED); Dec 1 (EA 1); Feb 1 (EA 2)	Mar 1; Rolling beyond	Common App or Queens website		
St. Andrews University	2.8-3.0	890-1100	17-21		Rolling	CFNC or Common App		
Saint Augustine's University	2.0-2.6	800-1000	13-17		Rolling	CFNC or Saint Augustine's website		
Salem College	3.0-3.8	1030-1300	20-25		Rolling	Salem Website, CFNC, or Common App		
Shaw University	2.3-2.7	730-900	13-17		Rolling	CFNC or Shaw website		
University of Mount Olive	2.8-3.3	1100-1220	17-22		Rolling	CFNC or Mount Olive website		
Wake Forest University	3.8-4.4	1290-1470	28-32	Nov 15 (EA); Jan 1 (ED2)	Jan 1	Common App, Coalition, CFNC	Yes	Yes
Warren Wilson College	3.3-3.7	1070-1310	21-28	Dec 1 (ED); Dec 15 (EA)	Rolling	Common App	Yes	
William Peace University	3.0-3.42	860-1060	16-22		Rolling	CFNC or Peace website		
Wingate University	3.0-3.6	900-1210	20-25		Rolling	CFNC or Wingate website		

SENDING TRANSCRIPTS AND SAT/ACT SCORES

How to Send Transcripts to any North Carolina College/University & Community College

For all North Carolina Colleges & Universities, transcripts must be sent electronically by the student through the CFNC website, www.cfnc.org . There is no charge for transcripts to be sent from CFNC.

1. Go to www.cfnc.org
2. If you do not have a CFNC account, you will need to create one by clicking on "Create My CFNC Account."
3. Once you have created an account, click on the "Apply" tab and select "To College."
4. In this section, click on "Application Hub" then "Transcript Manager"
5. Verify your student information, including adding your NC Student ID number. **Your demographic information must match 100% with your information in your high school's database. You can pull up your demographic information in PowerSchool to match with CFNC.**
6. Search for a school to send a transcript to and submit.
7. Final transcripts will be automatically sent to college if the first was sent using CFNC.

How to Send *Official* Transcripts for Scholarship Applications, NCAA, and Out-of-State Colleges/ Universities & Out-of-State Community Colleges

1. All transcripts for out-of-state schools and scholarship applications must be ordered from www.wcpss.net/transcripts. Click "Request Transcripts and Student Records." Click on the first backpack icon for "Current Student."
2. Students can request 3 transcripts for free; each subsequent transcript is $5.
3. The Student Services registrar will receive a daily summary of requests and completes those requests within 2-3 days.
4. Students should request the final transcript be sent using this link above after graduation.

How to Send Transcripts to Colleges/Universities Using Common Application (commonapp.org)
1. In Common Application, list your counselor's email address and ensure that it is typed correctly.
2. Counselor will upload copy of transcript and complete counselor section of recommendation.
3. If you need your final transcript sent to a school you applied to from commonapp, it must be requested from either CFNC.org or wcpss.net/transcripts. Your counselor will **not** send a final transcript through commonapp.

How To Send Standardized Test Scores (SAT/ACT scores).

In order for test scores (SAT, ACT) to be official, *they must be sent directly to the college from College Board (SAT)* at www.sat.collegeboard.org or *from ACT* at www.actstudent.org even if you wrote your

scores in your application. If you took the ACT at WFHS and need your 8 digit ACT ID # you must ask for it from your testing card in student services.

North Carolina Residency Determination Service (RDS)
10 Things to Know Before You Start RDS

1. Why RDS? – It's the law in NC. You do RDS to…
   a. Qualify for in-state tuition at NC public colleges and universities
   b. Be eligible for NC state grants consideration at *all* NC colleges and universities
2. Do RDS FIRST- Before you do College Admissions Applications www.NCredidency.org
   a. NC Community Colleges- require your RCN # before you can submit an admissions application
   b. UNC System Colleges- campuses ask for your RCN # as part of their admissions process
   c. NC Independent Colleges and Universities- check your residency before considering you for an NC State Grant
3. What Info Will You Need For RDS-
   a. Younger than 24, you will need parental/legal guardian information (in most cases)
      i. Social Security Number (or other identification number)
      ii. NC tax return filing information
      iii. NC vehicle registration and NC driver's license
      iv. NC voter registration
      v. Other information about residency in North Carolina
   b. Younger than 24 but on your own, you will need information to PROVE you are financially independent from your parent/legal guardian
      i. W2, 1099s or paystubs to prove your income for the last 18 months
      ii. Proof of address in NC and living continuously in NC the last 12 months
      iii. Other information about residency in North Carolina
4. DACA Students are not eligible for NS Residency for Tuition Purposes:
   a. When asked in RDS Online Interview, do NOT claim residency. You will receive an RCN, be determined a non-resident and can complete college admissions applications (using your RCN)
5. US Citizens with Undocumented Parent(s) can request an Appeal:
   a. The RDS Online Interview depends on Social Security Number or other identifiable number to check NC State Agencies' data to help prove your claim of NC Residency for Tuition Purposes. If your parent/legal guardian chooses not to enter an identifying number, the RDS Online Interview determines you to be a Non-Resident. RDS wants the initial Online Interview to be easy and helpful for everyone, but realizes that some students have a more unique living situation than the Online Interview can easily capture. In these cases, students have the ability to request an Appeal.
   b. In the RDS Appeal process, RDS specialists work one-on-one with the students for a residency determination. In this appeal, students have the ability to provide additional information, documentation, answer questions, and ask questions of RDS. This provides the students who initially received a non-resident determination to further explain their situation.
6. REMEMBER:
   a. It won't take long- The RDS Online Interview (on average) only take about 10 minutes if you have all of your information handy.

      b. Use CFNC login- RDS uses your CFNC login. Don't have one? Create a new RDS account and login.

      c. Be accurate- Mistakes cause BIG problems

      d. Finish- RDS Online Interview CANCELS is not completed in 25 days

      e. Don't guess- Guessing=NON-resident; RDS checks your answers with NC State Agencies

      f. Submit Docs- RDS shows if you need documents and which ones- not everyone does. Be sure to upload or fax to RDS all needed docs. If you do not submit required documents you have not finished.

7. When You Are Done:

      a. Note you keep your RCN, it never changes

      b. It will classify you as "resident" or "non-resident" AND "in-state" and "out-of-state" tuition

      c. RDS checks your answers with NC State Agencies

            i. Your status is PENDING until RDS validates your answers and documentation

            ii. If RDS cannot validate what you answer in the Online Interview

                 1. Your residency status becomes non-resident

                 2. You can do RECONSIDERATION to try again

                 3. You can request APPEAL to provide additional information

           iii. 20% of students required to submit some document(s). RDS shows if you need documents and which ones.

8. Don't Agree With Your Determination?:

      a. RDS wants the initial Online Interview to be easy and helpful for everyone. RDS provides reconsideration so that students can make corrections or inform RDS of changes in life situation. RDS also realizes that some students have a more unique living situation than the RDS Online Interview can easily capture. In these cases, students have the ability to request an Appeal.

      b. Review our state at RDS. Log in at www.NCresidency.org

      c. Appeals must be requested with 10 days

      d. Call RDS toll-free: 844-319-3640

9. Finish Your College Admission Application:

      a. Go to CFNC.org APP Hub (RCN prefills on CFNC applications)

      b. Go to college website (enter RCN when asked)

10. Worst Mistake You Can Make Are:

      a. Creating a NEW account in RDS, if you already have CFNC or RDS accounts

      b. Moving too fast

      c. Incorrect identifiers- Name, Date of Birth, and SSN, MUST BE CORRECT

      d. Entering Name, Date of Birth, and SSN differently than on your college admissions application

      e. Skipping questions, NOT answering questions or giving INACCURATE answers to questions

      f. NOT providing your parent/legal guardian information if required

      g. Not giving financial information when trying to prove you are INDEPENDENT of parent/legal guardian

COMMUNITY/TECHNICAL/JUNIOR COLLEGE INFORMATION

Students may decide to begin postsecondary education at a community college. NC residents pay in-state tuition at all of NC's 59 colleges. Community colleges have an "Open Door Policy" which provides admission to any person who has reached the age of 18 or has graduated from high school.

Programs for all educational levels are offered including non-credit programs for personal and professional enrichment and credit programs where one can earn a certificate, diploma, or Associate's degree in a field of study. Most community colleges have also established relationships with several universities for students who wish to transfer after receiving an Associate's degree or the required number of credit hours for transfer. Financial aid is available.

Students wishing to enroll at a community college should contact the respective college's admissions office to set up an appointment with an academic advisor. Information for all 59 community colleges can be accessed at: **www.nccommunitycolleges.edu**

The College Transfer Program

Two degrees are offered: Associate in Arts (A.A.) and Associate in Science (A.S.)

By enrolling in this program, you may complete coursework equivalent to the general education requirements (freshman and sophomore years) to apply toward a Bachelor's degree at a four-year school.

The A.A. or A.S. is awarded upon successful completion of 64 semester credit hours, including the minimum in each of the areas indicated on the specific curriculum outlines.

Any course deficiencies MUST be made up at Wake Tech prior to transfer to the senior institution. Earning the A.A. or A.S. degree fulfills the MCR (Minimum Course Requirements) for NC four year college admissions.

Wake Technical Community College

Wake Tech offers over 180 Certificate Programs, Diploma Programs, and the Associate Degree Programs. More information on WTCC and the admission application can be accessed at: **www.waketech.edu** . For a listing of for-credit programs, go to: http://curred.waketech.edu/

Wake Tech is a member of the National Junior College Athletics Association (NJCAA), Division I, Region 10, and offers baseball, softball, basketball, volleyball, soccer, golf, cross country, and cheerleading.

The Office of Volunteerism & Leadership (OVAL) helps students build the knowledge and skills to become active local and global leaders. Service and leadership training programs include: Fostering Bright Futures, Pathways Male Mentoring, Scott Scholars, Student Ambassadors, and Student Government Association.

18002372767

MILITARY SERVICES

Representatives from the different branches of the military visit Wake Forest High School periodically throughout the year. At other times the Military Representatives may be reached in their Raleigh Offices. For information on all branches of the military and all ROTC programs, go to **www.todaysmilitary.com**.

Air Force	919.872.7692	www.airforce.com
Army	919.562.4936	www.goarmy.com
Army Reserve	919.562.4936	www.goarmy.com/reserve
Coast Guard	919.878.4008	www.gocoastguard.com
Marines	919.872.9955	www.marines.com
Navy	1-866-628-7327	www.navy.com
Naval Reserve	1-866-628-7327	www.navyreserve.com
N.C. National Guard	919.790.1908	ww.nationalguard.com

The **Armed Services Vocational Aptitude Battery (ASVAB)** is an aptitude test to assess an individual's natural abilities and skills. The military branches require the ASVAB for entrance into the military. Whether you are considering the military or other career options, the ASVAB is an excellent tool to help determine your own natural abilities that will assist you in making an informed career choice.

The Military Entrance Processing Service Center offers the ASVAB on a weekly basis. Contact your military recruiter to schedule an appointment. Wake Forest High School offers the ASVAB twice per year at no cost to the student. The ASVAB administration at WFHS is open to all juniors and seniors regardless of their career plans. See Ms. Tyson in room 0226 or https://stysoncdc.wixsite.com/wfhscdc for more information about taking the ASVAB test.

SELECTIVE SERVICES REQUIREMENT

All young men in the U.S., with very few exceptions, are required to register with Selective Service within 30 days of turning 18 years old. Registration is federal law. Failure to register is a felony, punishable by a fine of up to $250,000 and/or five years in jail. Registering with Selective Service is also required in order to remain eligible for many federal and state benefits, including student financial aid, job training, and jobs in the Executive Branch of the federal government, such as a Postal Service job.

For more information on Selective Service and to complete your registration, go to http://www.sss.gov. You may also call toll-free:1-888-655-1825.

CHOOSING A CAREER PATH

Career Inventories – Taking a career inventory can be a good way to begin exploring careers. Inventories often ask you questions about your interests, preferences, and values. They may also ask about your abilities and talents, and perhaps even attempt to measure some of your skills. The PLAN tab at www.CFNC.org allows you to learn about yourself and to explore careers.

Career Fairs – Attend school-sponsored career fairs as well as ones in the community to talk with various professionals in various careers. Pick up brochures and other valuable information at these fairs.

Informational Interviews – You may be interested in several careers. One of the challenges of exploring careers is that the descriptions you read on the internet or the impression you have in your mind might not match what that career is like in real life. Consider scheduling some interviews with people who have jobs that you find interesting.

Job Shadowing – Another helpful way to see what certain jobs are really like is to job shadow someone. As the term implies, you simply find a person who would be willing to let you follow along while he or she works – typically for a half-day or full day.

Volunteering – Maybe an organization or business is not able to offer you a paid job. Volunteering may help you gain experience that you would otherwise not be able to get.

EMPLOYMENT AFTER HIGH SCHOOL

Entering the Workforce

If you have decided to get a job immediately after high school, you will need to:

- Find out what kinds of jobs are available.
- Develop some very necessary job-finding and job-keeping skills.
- You may speak to your counselor or the Ms. Tyson about job possibilities.
- Visit your career center, library and company websites.
- Contact the NC Employment Security Commission located at 700 Wade Avenue, Raleigh, NC 27611 or call 919-733-6700.
- Adapt your resume to reflect the needs of the potential job. Identify skills you possess that the company has in the job posting.

STUDENT RESUME INFORMATION

The development of your student resume is an important step in planning for your future. You will use your student resume for many pursuits, including, but not limited to: after-school and summer employment, volunteer work, job shadowing and internships, college applications, and scholarship applications. Your counselor, teachers and other adults may use your resume (during your senior year) to write recommendations and to help you with the scholarship process.

Resume Do's and Don'ts

Do	Don't
Be concise, accurate, positive	Lie or exaggerate
List your most recent activities or job first	Include salary history or expectations
Stress skills and accomplishment	Use pronouns, abbreviations
Research and use key words	Overdo the use of bold and italics
Make the resume attractive to read	Use small type or overcrowd margin
Have someone proofread before submitting	Include references

Resume Writing Tips

Why do I need a Resume?
> It provides a clear breakdown of high school activities for college admissions representatives and can be included with your application.
> Offers recommendation writers a review of your accomplishments

What do I include?
> Awards and honors
> Extracurricular activities (ones offered in high school such as Honor Societies, Newspaper, etc.)
> Sports
> Community Service/Volunteerism
> Leadership
> Work Experience

What order do I put activities in and what format should I use?
> Enter activities from most recent to least recent
> Do not include middle school
> Indicate if you have held an office position or elected position
> Community Service is by school year (2012, 2011…)

Overall Tips
> Use Times Roman or Arial Font
> Use 12 point size, no smaller than 9
> Use professional looking bullets (not hearts, stars)
> Spell out acronyms (NHS= National Honor Society)
> Make Headings in bold
> Keep it to one page if possible

SAMPLE RESUME

Sally Smith
1212 My Street
Raleigh, NC 27616
Telephone Number: 919.123.4567
E-mail: SallySue@wakeforest.com

Objective: To obtain admission into University of North Carolina--Charlotte

Education: Wake Forest High School (9-12)
GPA: 3.5 weighted   3.2 unweighted
Rank: 130/ 400

Awards and Honors:
North Carolina Scholar (12)
Latin Honor Society (11-12)
Regional Swimmer (10-11)
A/B Honor Roll (10-11)
Federalist Violin Competition (9)

Extracurricular Activities:
Junior Classical League (11-12)
Student Government (11-12)
Junior Class Council Prom Committee Chair
Senior Class Council Second Vice President
Pep Club (11-12)

Athletic Participation:
Varsity Swim Team (9-12)

Community Service & Leadership:
YMCA Leaders Club (2009-2013)
Led Wake Forest Baptist Church Youth Group (2010-2013)
Tutored Elementary School Students (2011-2013)
Served in Governor's Page program (2010)

Employment:
YMCA Camp Seafarer--Camp Counselor (summer 2010)

PAYING FOR COLLEGE

FINANCIAL AID

All students applying for any federal financial aid must file the FAFSA form. The FAFSA is the only application students must complete to be considered for all federal financial aid, to include:

  Pell Grants
  Supplemental Educational Opportunities
  Stafford Loans
  Perkins Loans
  Work Study
  Grants
  Other Federal Financial Aid Programs

You can access the FAFSA from online at http://www.fafsa.ed.gov/. You cannot submit the form until October 1, 2019.

How can student services help?

Ms. Fearnot is at Wake Forest HS every Tuesday from mid-September until late April to assist parents/guardians and students with the Federal Financial Aid Process and can assist with the completion of the Free Application for Federal Student Aid (FAFSA) form. Students can make an appointment to see Ms. Fearnot by coming to Students Services or parents can call Student Services directly to schedule an appointment. Or call the ***Federal Student Aid Information Center (US Dept. of Education) 800-433-3243*** to get help outside of school.

SCHOLARSHIP INFORMATION

Private sources make up a small slice of the total financial aid pie. Nonetheless, there are a number of scholarship opportunities—the trick is finding which ones are applicable to your individual situation. Scholarship bulletins are available in Student Services. This is not an exhaustive list; websites are listed in this section of the planning guide to assist with other scholarship searches. Be forewarned—the application process for scholarships is often as detailed as applying for college and sometimes the rewards are not large. Warning: Never pay for scholarships or for scholarship information.

Individual colleges and universities also offer their own merit-based scholarship programs which will be offered to qualified students once accepted. Check with colleges for specific information.

Examples of Scholarship Criteria:

  Academic merit or good grades
  Leadership activities
  Community service
  Extracurricular activities/athletics
  Work experience
  Honors and achievements
  Financial need
  Personal Statement

How do I find out about scholarships?

Students can visit WFHS Student Services website for a list of scholarship or talk with their counselor. They can also check out the scholarship bulletin board in the lobby of Student Services.

Scholarship Websites & Search Engines

American College Test
www.act.org
American Indian College Fund
www.collegefund.com
Asian and Pacific Islander American
w.apiasf.org
Big Future
http://Bigfuture.collegeboard.org
Black Excel
www.blackexcel.org
Broke Scholar
www.brokescholar.com
College and University Search
www.studentrewards.com
College Foundation of North Carolina
www.cfnc.org
CollegeBoard
www.collegeboard.com
CollegeNet
www.collegenet.com
College Parents
www.collegeparents.com
CollegeView
www.collegeview.com
FastWeb
www.Fastweb.com
FinAid
www.finaid.org

Free Application for Federal Student Aid www.fafsa.ed.gov

Go College
www.gocollege.com
Going Merry
www.goingmerry.com
Hispanic Fund
www.hispanicfund.org

Hispanic Scholarship Fund
www.hsf.net
Kaplan
www.kaplan.com
National Association of Independent Colleges and Universities
www.naicu.edu
NC State Education Assistance Authority
www.ncseaa.edu
National Collegiate Athletic Association
www.ncaa.org
National Association of Student Financial AidAdministrators
www.nasfaa.org
National Center for Educational Statistics
www.nces.ed.gov/ipeds/cool
Petersons
www.petersons.com
Princeton Review
www.review.com
Sallie Mae
www.salliemae.com
Scholarships.com
www.scholarship.com
Scholarships 101
www.scholarships101.com
Wake County Public Schools
Scholarships Plus
www.scholarshipplus.com/wake
UNIGO Scholarship Search Engine
www.unigo.com
United Negro College Fund
www.uncf.org
US Department of Education
www.ed.gov
Zinch
www.Zinch.com

USEFUL WEBSITES

The Wake Forest High School Website   **https://www.wcpss.net/domain/2683**
Check here often for announcements for seniors and for scholarships.

The College Foundation of North Carolina   **www.cfnc.org**
Research and apply to four and two year colleges in North Carolina, send transcripts to in-state community colleges and four year universities, learn about careers and college majors.

The North Carolina Community College System   **www.nccommunitycolleges.edu**
Research the 59 community colleges in North Carolina.

Wake Tech Community College   **www.waketech.edu**

Accredited Online Colleges Resources   **http://www.accreditedonlinecolleges.org**
          http://www.edudemic.com/affordable-online-colleges
Comprehensive and informative resources that rank each university in America by size, degrees offered, tuition costs, Admission rates, graduation rates, and retention rates.

The College Board   **www.collegeboard.com**
Register and prepare for the SAT, SAT subject tests, find out about college admissions, AP testing, financial aid and scholarships.

The American College Test   **www.act.org**
Register and prepare for the ACT.

Peterson's   **www.petersons.com**
Search colleges by GPA, tuition, sports and more.

The Princeton Review   **www.princetonreview.com**
Prepare for standardized tests, research colleges and majors.

The NCAA Eligibility Center   **www.eligibilitycenter.org**
Register for Division I and Division II College athletics and monitor academic eligibility.

Free Application for Federal Student Aid (FAFSA)   **www.fafsa.ed.gov**
Find information on the use of the Free Application for Federal Student Aid. This is the primary way to find out if the family/student qualifies for grants, loans, and work study programs. The FAFSA also screens for a limited number of state-based scholarships. Only students who are US citizens should apply.

Send Transcripts: (out-of-state)   **http://www.wcpss.net/transcripts**
          (in-state)   **www.cfnc.org**

Senior Brag Sheet

Student Name: _____   Counselor Name _____

What College/Scholarship is/are the recc letter(s) for?_____

_____

Where should the letter be submitted too? _____

_____

When is it/they due?_____

Please indicate all needed letters

Directions: Please answer the questions below, giving detailed answers and being sure to use legible handwriting. If you need to attach an additional sheet, please feel free to do so. You may also attach your resume. After you have completed the form in its entirety, please leave it with your counselor at least **2 weeks** prior to the date you need it.

What are your greatest accomplishments, academically or personally?

How have you changed, developed and grown since your freshman year?

What do you like to do in your free time?

In what ways have you been a leader or change agent in your school and/or community?

What, if any, circumstances in your life might have had an impact on your academic history or admissions tests score (SAT, ACT) performance? Identify any difficulties or hardships you've overcome throughout high school.

Please list 3 adjectives that describe you and explain why you chose them.

1.

2.

3.

What are your college/future plans? Possible major/career choice? How did you get interested in field?

If you did not attach your resume, please list all high school activities and years participated on a separate sheet of paper. Be sure to include school and community involvement as well as work experience.

Senior Night Evaluation

Please turn into Red box before leaving.

1. Overall, how would you rate Senior Night?

❏ Excellent
❏ Good
❏ Neutral
❏ Substandard

2. The content of Senior Night was appropriate and informative.

❏ Strongly Agree
❏ Agree
❏ Neutral
❏ Disagree
❏ Strongly Disagree

3. The presentation was well organized.

❏ Strongly Agree
❏ Agree
❏ Neutral
❏ Disagree
❏ Strongly Disagree

4. How satisfied were you with the materials provided?

❏ Very Satisfied
❏ Satisfied
❏ Dissatisfied
❏ Very Dissatisfied

5. How Satisfied are you with the guest speaker?

❏ Very Satisfied
❏ Satisfied
❏ Dissatisfied
❏ Very Dissatisfied

6. Your feedback is important to us! Do you have any suggestions or comments on how we can improve the next Senor Night?